



*The Bare Essentials for a baby can get expensive, that's why Birth Choice is here to supply you with material goods*  
**FREE OF CHARGE!**



**BirthChoice**  
 OF SAN MARCOS

*Free bag with your first pick-up*



*Contact Us*

365 S Rancho Santa Fe Rd, Ste 201  
 San Marcos, CA 92078  
 BirthChoice.net  
 760.374.8786

*Bare Essentials*

**MATERIAL GOODS PROGRAM**



**BirthChoice**  
 OF SAN MARCOS



## WHAT IS BARE ESSENTIALS?

*BARE ESSENTIALS is a  
FREE OF CHARGE  
program offered by  
Birth Choice.*

*It provides essential items  
to parents to help relieve  
some of the financial  
burden that can come with  
having infants & toddlers  
in diapers.*

## WHO CAN JOIN?

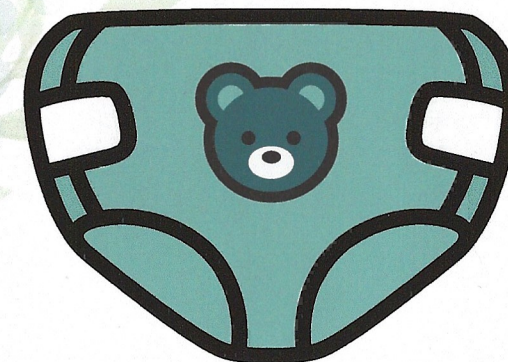
*Any legal guardian of a child between  
the ages of 0-4 years old*

## WHAT CAN I GET?

*You can come in monthly for gently used  
clothes, diapers and much more to help you!*

## WHEN & WHERE?

*Walk-in visits welcome  
Pick-up times can also be scheduled  
during normal business  
hours if client prefers.*



## MONTHLY SUPPLIES MAY INCLUDE:

- Hygiene items
- Diapers & pull-ups
- Wipes
- Gently used clothes
- Socks & Shoes
- Maternity Clothes
- Blankets
- and more...

*All of our new items are donated, so availability is  
dependent on the generosity of our community!*

## HOW DO I SIGN UP?

*Walk in to our office and tell the  
receptionist you would like to join the  
Bare Essentials Program.  
Please bring a photo ID (if you have one)  
to your first pick up.  
Call Birth Choice at 760.374.8786 if  
you have any questions about the  
program.*